

Lifestyle Preferences

(Part of the LINKS assessment system)

Please let us know if any of the following endeavors are of interest to you.
Would you like to.....

1. Attend a baseball game
2. Take a ride on a golf cart on a course or go to the driving range
3. Visit a horse camp and watch the kids ride
4. Serve on Project Hope and send cards and supplies to troops overseas
5. Collect cans for recycling
6. Write or have help writing in your journal or blogging
7. Pat a puppy or kitten, care for a dog
8. Make cards for the fundraising project
9. Serve as ambassador for new residents or a leadership position
10. Catch a big fish
11. Ride in a hot air balloon or attend a motorcycle rally
12. Write or listen to poetry
13. Be interviewed for the local historical society column
14. Learn to play hand bells
15. Decorate the float for the Community Christmas Parade
16. Make cookies for the local fire department
17. Go bowling or join a bowling league
18. Read favorite recipes
19. Research topics on a computer
20. Play Wii with your family
21. Collect jokes of the day, LAUGH and be entertained
22. Go out to dinner or "dine out" IN
23. Arrange fresh flowers for the tables weekly
24. Sit at a "set-up" deer stand at 5am with hot coffee
25. Participate in religious services or classes
26. Go to a museum: ART, SCIENCE, AVIATION
27. Visit with the kids from the preschool or READ to kids
28. Exercise your mind with games and puzzles
29. Play a card game or computer games
30. Check out a movie to watch in your room
31. Taking a class at the local university or learn to play an instrument
32. Attend a wine tasting event
33. Sit in the garden and listen to the birds
34. Attend a Nascar race or go to the horse races
35. Play poker
36. Join a supper club
37. Read the newspaper
38. Attend a musical concert
39. Attend an exercise class-ZUMBA, YOGA or TAI CHI
40. Learn to paint
41. Plan a party for your grandchildren
42. Make your favorite dessert
43. Go to Walmart or Trader's Village
44. Have help organizing your closets
45. Have tea with a friend
46. Watch the news
47. Attend special events with your family: Holiday parties, Hawaiian Luau, Western Days
48. Watch a sunset
49. Have a frozen drink
50. Take a trip

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