

# Seven Dumb Mistakes Smart People Make

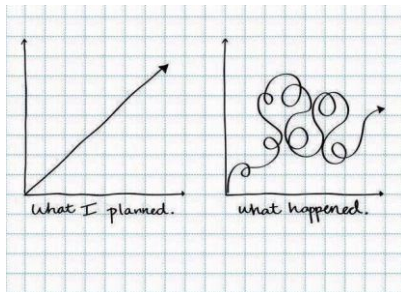
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By avoiding the seven dumb mistakes  
you will:

Experience authentic happiness\*

\*Develop fulfilling relationships

\*Create a successful career



The whole  
earth is in jail  
and we are  
plotting this  
incredible jail  
break



- Wavy Gravy

DUMB  
MISTAKENUMBER  
ONE

Believing  
Your  
Report  
Card



Ye shall not put thy  
socks on the floor

Those socks should not  
be on the floor

He should pick up those  
socks

If he really loved me he would  
not leave those socks on the  
floor

What if my friends see  
those socks on the floor?

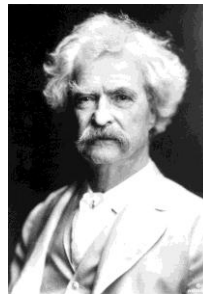
Why doesn't he pick up  
those damn socks!

I think I will call a radio  
talk show

I am going to start Mothers  
Against Socks on the Floor

If the socks on the floor bother  
you then you pick them up

Leave the socks on the  
floor and live a happy life



It is not what you don't  
know that will hurt you.  
It is what you think you  
know and don't that  
will do you in.

- Mark Twain

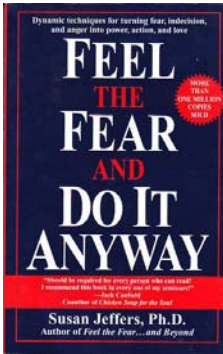
DUMB MISTAKE  
NUMBER TWO

Living with  
the  
Chicken  
Little  
Syndrome



INSIDE THE DOMINANT PARADIGM

1. Insiders are deeply invested in their success.
2. Insiders perceive change as a threat to their success.
3. Insiders believe they have everything to lose.
4. Insiders experience huge peer pressure to maintain the status quo.

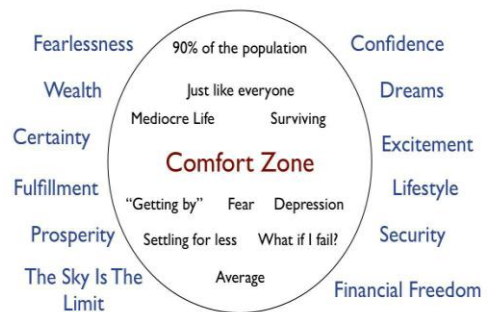
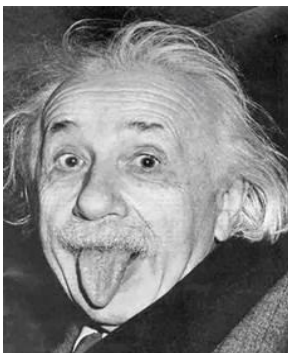
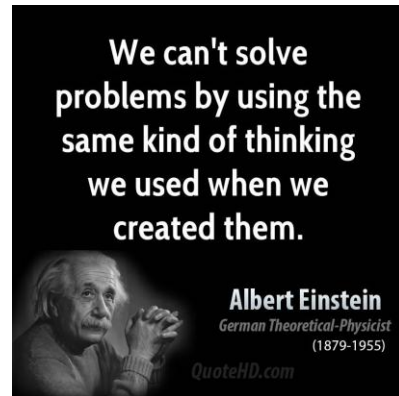


1. The fear will never go away as long as I continue to grow.
2. The only way to feel better about myself is to go out.....and do it.
3. The only way to get rid of the fear of doing something is to go out....and do it.
4. Not only am I going to experience fear whenever I'm on unfamiliar territory, but so is everyone else.
5. Pushing through fear is less frightening than living with the underlying fear that comes from a feeling of helplessness.

"The key to abundance is meeting limited circumstances with unlimited thoughts."



- Marianne Williamson



DUMB MISTAKE  
NUMBER THREE

Inadequate  
conflict  
management  
skills



How to LUV  
Conflict

Listen  
Understand  
Validate

Conflict can be the  
doorway to intimacy

DUMB MISTAKE NUMBER  
FOUR

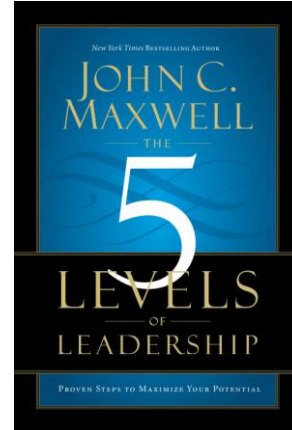
Underestimating  
the value of  
emotional  
intelligence



Everyone fears rejection  
and  
wants acceptance

**Stephen Covey**

Next to physical survival, the greatest need of a human being is psychological survival,  
 To be understood,  
 To be affirmed,  
 To be validated,  
 To be appreciated.

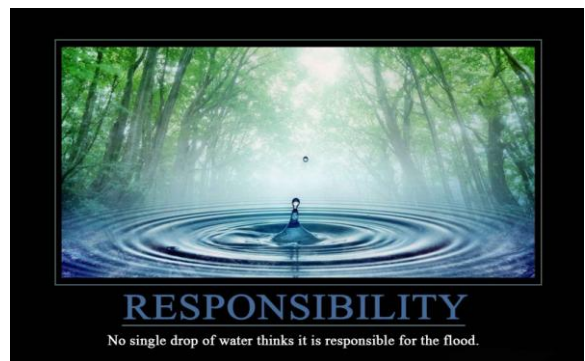


DUMB MISTAKE  
 NUMBER FIVE

Failure to take  
 personal  
 responsibility



Response - ability  
 vs  
 Victimhood



DUMB MISTAKE  
NUMBER SIX

Developing  
comparisonitis



Don't compare your  
beginning to someone  
else's middle

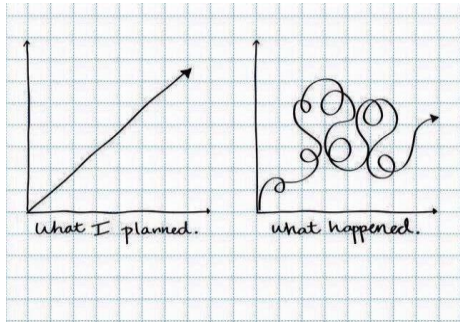
-Jon Acuff

DUMB  
MISTAKE  
NUMBER  
SEVEN



Focusing on **A** bottom line  
rather than **THE** bottom line





**Life is simple. Everything happens for you, not to you. Everything happens at exactly the right moment, neither too soon nor too late. You don't have to like it... it's just easier if you do.**

(Byron Katie)

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